

# *Riding the Wave of Type 1 Diabetes*

A **FREE** Workshop and BBQ for children, teens and their families.

Video Game Truck © Raffles © BBQ!



## Turning Stumbling Blocks into Stepping Stones: Responding Successfully to the Emotional and Other Challenges of Diabetes

**Guest Speakers:** William D. Parham, PhD, APBB

Receiving a diagnosis of diabetes unleashes a flood of emotions for the child as well as the parents, siblings and other persons who occupy the child's inner circle. Feeling confused, overwhelmed, scared, even angry, and like your life's course has been altered, are common. The myriad of challenges emotional and otherwise are not the whole story! There are ways of calming the stormy seas of sudden change brought on by the physical and emotional realities of diabetes. Come learn how children with diabetes and parents of children with diabetes are Turning Stumbling Blocks into Stepping Stones!

**Saturday, November 12, 2011**

**10:00am-2:00pm**

**Event Location:**

**Mary and Dick Allen Diabetes Center**

**520 Superior Ave, Newport Beach, CA 92663**

**Please RSVP by Monday, November 7th  
to the PADRE office: 714-532-8330**



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FIRST-CLASS  
U.S. POSTAGE  
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